



P.O. Box 4695
Baton Rouge, Louisiana 70821

March 14, 2009

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MEMORANDUM

TO: Youth & Masters Athletes

FROM: Byron Turner
Youth/Masters Chair

Greetings,

As part of our initiative to expand our involvement with College meets, we are please to share that LSU and Southern University are opening there prestigious invitational to our programs.

On March 28th, The *Tiger Relays at LSU* will allow all age groups beginning with 5yrs olds up to Youth in the following events:

- 100m
- 4x100m

Masters will be allowed to compete in 100m beginning with age 30.

On April 11th, *Pelican Relays* will have events for same youth age groups in the following events:

- | | |
|-----------|-----------------|
| 100m | 4x100m Relay |
| 200m | 4x200m Relay |
| 400m | 1500m run |
| 800m | 1500m race walk |
| Long Jump | 4x400m Relay |
| Shot Put | |

Masters will have the following events:

- 100m
- 1500m Run
- 4x100m Relay
- 4x200m Relay
- 4x400m Relay

Please review the meet packets located on the "Schedule" page for more details on participation and registration for these events.

Let's make sure we have a good showing. This is the start of something which can grow into a great experience for our kids and the institutions that allow our participations. Please share with other coaches.

Feel free to contact me if anyone have any questions.....

Coach Byron Turner
 USATF Southern Association
 Youth Committee Chairman
 Masters Committee Chairman
 225-892-3489

"Striving For Excellence"