

Rapides Track Club June 2009 Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3 Pineville High 5:15pm	4	5	6 Track Meet Iberville High St Gabriel, LA	7 No Practice
8	9	10 ASH 5:15pm	11	12	13 Track Meet ASH	14 No Practice
15	16	17 Pineville High 5:15pm	18	19	20	21 ASH 5:15pm
22	23	24 ASH 5:15pm	25	26	27	28
Junior Olympic Qualifying Meet, West Feliciana High – St. Francisville						
29	30					