

MEET INFORMATION



Feliciana Classic
23 May 2009

Faith Track Club
Celebrating 10th Year Anniversary

Jackson Sports Complex
Jackson, LA

Rev. Burnett King
225-202-8431
E-mail: revbking@bellsouth.net
www.faittrackclub.org

2009 USATF SOUTHERN ASSOCIATION MASTER'S SCHEDULE

Date	Event	HOST	Phone	Email	Location
27-28 Mar 2009	LSU Relays	Todd Lane		toddlane@lsu.edu	LSU, Baton Rouge, LA
10-11 April 2009	Pelican Relays	Greg Thompson	225-802- 2722	gregt15_91@yahoo.com	Southern University
18-Apr- 2009	KY Developmental Meet	Lester Patterson, KY Track Club	225-603- 1218	lpatterson19@cox.net	Scotlandville HS, Baton Rouge, LA
25-Apr- 2009	Future Track Club Developmental Meet	Trent Ellis, The Future Track Club	225-288- 9434	toeellis@yahoo.com	Zachary HS, Zachary, LA
2-May- 2009	First Start track and field clinic for beginners	Baton Rouge Sports Foundation/Byron Turner	225-892- 3489	byronturner@southernmasters.org	Woodlawn HS/Baton Rouge, LA
16-May- 2009	The Future Invitational Meet	Trent Ellis, The Future Track Club	225-288- 9434	toeellis@yahoo.com	Zachary HS, Baton Rouge, LA
16-May- 2009	Peak Performance Invitational Meet	Dennis Groll, Peak Performance Track Club	318-355- 2598	dgroll@comcast.net	ULM, Monroe, LA
23-May- 2009	The Feliciana Classic	Rev. Burnett King, Faith Track Club	225-202- 8431	revbking@bellsouth.net	Jackson HS, Jackson, LA
30-May- 2009	Tommy Smith Track Classic	National Office of 100 Black Men/Jackie Callendar	504-237- 6526	jajacoki@aol.com	Tad Gormey Stadium, New Orleans, LA
6-Jun- 2008	Peak Performance Track Classic	Dennis Groll, Peak Performance Track Club	318-355- 2598	dgroll@comcast.net	ULM, Monroe, LA
13-Jun- 2008	USATF Southern Association Championship	Byron Turner, Youth Chairman	225-892- 3489	byronturner@southernmasters.org	Alexandria HS, Alexandria, LA
20-Jun- 2009	Greater King David Invitational	Roderic Newton, Greater King David Track Club	225-278- 2389	rnewton@dhh.la.gov	Woodlawn HS/Baton Rouge, LA
25-28 Jun-2009	Association JO Outdoor T&F Championship (Host: GKD)	Roderic Newton, Greater King David Track Club	225-278- 2389	rnewton@dhh.la.gov	Port Allen HS/Port Allen, LA
30 June - 5 Jul-2009	USA Youth Outdoor T&F Championship				Eastern Michigan University, Ypsilanti, MI
9 - 12 Jul- 2009	USATF Regional JO Outdoor T&F Championship	Mark Birdwell	205-862- 2477	trakbird2@bellsouth.net	Nashville, Tennessee
28 July - 2 Aug 2009	USATF National JO Outdoor T&F Championship				North Carolina A&T State University, Greensboro, NC

ENTRY INFORMATION AND INSTRUCTION

Entry Procedure

1. All entries will be done electronically through www.coacho.com. However, Masters are allowed to submit the registration form within this packet.
2. Entry Deadline is **May 19th**. Entries may be made as early as **April 12th**. You may make changes as often as you wish until the entry deadline.
3. No Faxed or Phoned entries will be accepted.
4. Declaration MUST be completed by **May 19th** for youth and 1 hour prior to the event for Masters.

Entry Fees

1. Entry fees are **\$8.00** per youth athlete with or without a team for an unlimited number of individual event entries.
2. Entry fees are **\$8.00** per Master/Open athlete with or without a team for an unlimited number of individual event entries.
3. Relay teams are **\$8.00**
4. Payment will be made online through www.coacho.com
5. Certified officials who come to work the meet, entry fee is **free** with Officials ID.

TEAM PACKET PICKUP

Coaches can pick up their team's meet packet at check in area identified in front of stadium beginning 1 hour prior to the first event

UNATTACHED PACKET PICKUP

Unattached athletes can pick up their packet at check in area identified in front of stadium beginning 1 hour prior to the first event and will continue throughout the day.

MEET PACKETS

Packets will include heat sheets, time schedule, athlete and coaches wrist bands and/or bib numbers if used.

SPECTATORS

General Public Admission cost is **FREE** for USATF members Only. All others, Admission fee is **\$5.00**.

AGE GROUPS

<u>Division</u>	<u>Age</u>	<u>Maximum Events</u>
Tiny Tots	2003 or later	3
Sub-Bantam	2001 - 2002	3
Bantam	1999 - 2000	3
Midget	1997 - 1998	3
Youth	1995 - 1996	4
Intermediate	1993 - 1994	4
Young Men & Women	1991 - 1992	

EVENTS BEING CONTESTED (represents events allowing Masters/Open participants)**

3000m Run
1500m Run**
80m Hurdles
100m Hurdles
110m Hurdles
100m Dash**
400m Dash**
200m Dash**
800m Run
300m Hurdle
400m Hurdle

1500m/3000m Race Walk**
Long Jump**
Javelin
Shot Put **
Triple Jump **
Discus **
High Jump
4x100 Relay**
4x400 Relay**
4x800 Relay**

Direction:

From HWY 61 North

Travel Hwy 61 South to St Francisville turn left onto HWY 10E. Continue about 14 miles through town of Jackson. Jackson School Complex on the right next to Folkes' LA Technical Institute.

From HWY 61 South:

Travel 1-100 North exit HWY 61 North (the last exit) through Zachary and Port Hudson. Turn right onto HWY 68N (bo the Mobil station). Go about 5 miles. Continue through 4 way stop for about 6 miles, continuing on HWY 68N, passing Dixon Correctional Institute. Turn left at red light onto HWY 10W. Jackson School Complex on the left.

FROM HWY 67 South (Plank Rd):

Travel Plank Rd North through Baker, Zachary, Slaughter to Clinton. Turn left onto HWY 10E. Follow the HWY 10 signs, (HWY 10 will turn a couple of times). Continue on HWY 10E out of Clinton. Go about 6 miles to the 4 way stop. Go through the 4 way stop on HWY 10 to Jackson. Continue through red light. The school is on the left.

FROM HWY 19:

Travel HWY 19 North through Scotlandville, Baker, Zachary, Slaughter and Ethel. Turn left at 4-way stop onto HWY 10-E. Go about 5 miles. Continue through red light in Jackson. The school is on the left.

Meet Schedule

Running Event Finals

8:30 AM	3000 Meter Run	MG, MB, YG, YB, IG, IB, YW, YM
	4x100 Meter Relay	MW, MM, OW, OM, TG, TB, SG, SB, BG, BB, MG, YG, YB, IG, IB, YW, YM
	4x100 Meter Relay (Coaches & Parents)	
	1500 Meter Race Walk	BG, BB, MG, MB, MW, MM
	3000 Meter Race Walk	YG, YB
	400 Meter Hurdles	IB, YM (36")
	400 Meter Hurdles	IG, YW (30")
	200 Meter Hurdles	YG, YB (30")
	400 Meter Dash	MW, MM, OW, OM, SG, SB, BG, BB, MG, YG, YB, IG, IB, YW, YM,
	1500 Meter Run	MW, MM, BG, BB, MG, YG, YB, IG, IB, YW, YM
	100 Meter Dash	MW, MM, OW, OM, SG, SB, BG, BB, MG, YG, YB, IG, IB, YW, YM
	80 Meter Dash	TG, TB
	50 Meter Dash	Up to 4 yrs
	800 Meter Run	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	110 Meter Hurdles	IB, YM (39")
	100 Meter Hurdles	YB, IG, YW (33")
	100 Meter Hurdles	YG, (30")
	80 Meter Hurdles	MG, MB, (30")
	200 Meter Dash	MW, MM, OW, OM, TG, TB, SG, SB, BG, BB, MG, YG, YB, IG, IB, YW, YM
	4x800 Meter Relay	MW, MM, OW, OM, MG, MB, YG, YB, IG, IB, YW, YM
	5000 Meter Race Walk	IG, IB, YW, YM
	4x400 Meter Relay	MW, MM, OW, OM, SG, SB, BG, BB, MG, YG, YB, IG, IB, YW, YM,

All events will follow order stipulated. Masters will begin with the age group of the oldest competitor down to the Open division with Women before Men unless otherwise stipulated.

All running events will be finals with heats against times. If limited participants in respective age groups then meet director reserve to right to combine heats, however awards and scoring will be done based on age groups.

Field Event Finals (4 attempts)

8:30 AM	Long Jump	<i>Pit A</i>	MM, OM, YG, YB, IG, IB, YW, YM,
	Long Jump	<i>Pit B</i>	MW, OW, SG, SB, BG, BB, MG, MB
	High Jump		YM, YW, IB, IG, YB, YG
	Discuss		MM, OM, MG, MB, YG, YB, IG, IB, YW, YM,
	Shot Put		MW, OW, YW, IG, YG, MG, BG, SG
10:30 AM	Javelin		SG, SB, BG, BB, MG, YG, YB, IG, IB, YW, YM
	High Jump		MB, MG, BB, BG, SB, SG
	Shot Put		MM, OM, YM, IB, YB, MB, BB, SB
	Triple Jump	<i>Pit A</i>	MM, YB, IB, YM
	Triple Jump	<i>Pit B</i>	MW, YG, YW, IG

Field Events will be contested as follows:

- Each entry will have 4 attempts with exception of high jumps and pole vaults. There completion rules apply.
- No Finals, event awards are based on top competitors in each age division.
- All events will follow order stipulated. Masters will begin with the age group of the oldest competitor down to the Open division with Women before Men unless otherwise stipulated.

AGE GROUPS

<u>Division</u>	<u>Code</u>	<u>Age</u>	<u>Maximum Events</u>
Tiny Tots	(TG/TB)	6 & Under	3
Sub-Bantam	(SG/SB)	7- 8	3
Bantam	(BG/BB)	9-10	3
Midget	(MG/MB)	11-12	3
Youth	(YG/YB)	13-14	4
Intermediate	(IG/IB)	15-16	4
Young Men/ YoungWomen	(YW/YM)	17-18	4
Open	(OW/OM)	19 – up	-
Master	(MW/MM)	30 – up	-

GIRL (G)
BOY (B)
Women (W)
Men (M)

**Feliciano Classic
Saturday, May 23th**

**Jackson High School
Jackson, LA**

Registration form (Masters Only)

Entry fees: \$8.00 per athlete, Relays entries are free per team. Relays will be declared 1 hour prior to their event.

Name _____ DOB _____ Age on 5/23/09 _____ Sex _____

Address _____ City _____ State _____ Zip _____

Phone _____

I hereby agree to release and discharge Southern Association of USATF, Faith Track Club and Jackson High School, any of their agents or representatives, the participants of said meet and anyone connected with the meet from liability resulting from any accident and/or injury that I may sustain while competing or participating in said track and field meet.

Athlete's Signature _____ Date _____

Circle the events you want to enter and your best performance (if any) in the prior year:

Discus _____	100M _____	4x100m Relay _____
Shot Put _____	200M _____	4x400m Relay _____
Long Jump _____	400M _____	4x800m Relay _____
Triple Jump _____	1500M _____	
	1500M Walk _____	
	3000M Walk _____	

Make checks payable to Faith Track Club

Mail entry to:

Faith Track Club
Attn: Sheila King
6280 Calion Drive
Baton Rouge, LA 70812